Employers, physicians and healthcare providers all want the same thing: convenient access to high-quality healthcare.

Let’s work together to lead the transformation of healthcare. We’re better together.¹

One of the best ways for an employer to have control over their healthcare costs is by encouraging employee health and well-being. Additionally, if your employees have existing or undiagnosed chronic illnesses, it’s important they take an active role in getting the correct treatment. Educating your workforce about the value of having a primary care physician and how to access specialists is critical. It’s not just about the care itself — it’s about knowing how to get the right care at the right place and at the right time.²

To retain the best talent, you must focus on your employees’ health and wellness by creating a strong culture of health in the organization. Our goal is to help you maintain a healthy and productive workforce, while also reducing your total cost of care for employees with preventable chronic illnesses.³

Did you know?
Convenient and affordable same-day care is available through video visits and Sutter Walk-In Care. For everyday care and minor illnesses or injuries, employees don’t need to visit urgent care or the ER.

Did you know?
A full-time employee who has diabetes misses 5.5 more workdays a year than an otherwise healthy employee.⁴ 19.2% of young people are obese and heading toward an early diagnosis of chronic conditions.⁵

We want to provide you with tools and resources that can help you empower your employees to make lifelong healthy choices, regardless if they seek care at Sutter or with another provider. We can also work directly with interested employees to help them navigate the Sutter Health network.
Getting Started with the Employer Program

Meet with a Sutter Health account executive to discuss:
- Top employee health concerns from the employer perspective.
- Current barriers to addressing overall healthcare costs.
- How to access the correct providers and services within the Sutter Health network.
- Solutions to help your workforce maintain their health and well-being.

A partnership with the Employer Program includes:

**Coordinated Care**
- Helping your employees through Employer Program virtual office hours.
  - For example, we provide one-on-one support for enrollment in Sutter’s My Health Online, which connects patients with their doctors and health records anytime, anywhere.
- Assistance from a specialized care navigation team to help employees find a doctor.
  - Find a primary or specialty care doctor by calling 855-421-2904.
- Receive our quarterly Employer Program Newsletter to conveniently access resources to address topical health challenges (e.g. Women’s Health).

**Health and Wellness**
- Virtual or onsite events including open enrollment, health and safety fairs, town halls and more.
- Monthly email communications, designed for your employees, containing invitations to live webinars, Health e-Tips, articles and virtual and in-person classes.
- Resources to support employees’ mental and physical health, including the Back-to-Work program.

**Innovative Solutions**
- Special programs to address your employees’ top health concerns, such as:
  - Virtual or onsite Dermatology Day – Preventive skin screenings by Palo Alto Medical Foundation dermatologists.
  - Tera – A virtual-first primary care practice.
  - Metabolic Wellness – Use a continuous glucose monitor and tips from health experts to learn about your health and metabolism in real time.
  - Scout – Sutter’s custom-built platform that provides tools and support to address anxiety and depression in youth ages 13–26 years old.
  - Mobile Clinic – Bringing primary care services to your door.
  - Executive Health Program – Private and convenient health evaluations for executives.
  - Institute for Health & Healing – Holistic and integrative medicine practitioners.
  - Additional wellness programs (e.g. smoking cessation, weight management and others).
- Custom webpages designed for your workforce.
- Exclusive educational events for your employees.

Sutter is deeply committed to promoting patient-centered care and strives for healthier outcomes by coordinating care throughout the Sutter Health integrated provider network. Through care coordination, patients can benefit from improved clinical outcomes and lower out-of-pocket costs.6

To learn more about the Employer Program, watch our video or connect with us at sutteremployer.org.